



Complementary & Natural
Healthcare Council

83 Victoria Street, London, SW1H 0HW

15 February 2010

CNHC OPENS ITS REGISTER TO BOWEN THERAPISTS

The Complementary and Natural Healthcare Council's (CNHC) is pleased to announce that it has today opened its register to Bowen practitioners.

Launched in January 2009, the register enables members of the public to choose a practitioner in the knowledge that they meet national standards of conduct and training. Bowen therapy joins Sports and Remedial Therapy (also opening today on the register) and seven other disciplines which are now registered with CNHC: massage therapy, nutritional therapy, aromatherapy, reflexology, shiatsu, Alexander technique and yoga therapy. Those practitioners who can demonstrate that they meet the standards for registering with CNHC will be able to display CNHC's quality mark.

Angela Cannon confirmed that: "The Bowen Association UK is delighted to welcome the launch of the Bowen Technique on the CNHC Register as a positive step towards proper recognition by the National Health Service and acceptance by private health insurers as well as providing an additional tier of reassurance for the general public."

Bowen technique is a soft tissue remedial therapy that involves the therapist using fingers or thumbs to move over muscle, ligament, tendon and fascia in various parts of the body. The main feature of Bowen technique is that between sets of moves the therapists leaves the room and allows the patient to rest. This is a key element of Bowen and is a defining aspect of the technique. The break is believed to allow the body the opportunity to create a decision about what action needs to be taken in response to the moves given

Maggie Dunn, CNHC's Chief Executive and Registrar said "From today for the first time the public will be able to check that their Bowen therapist is registered with the only UK wide regulator for complementary healthcare that is approved and supported by the Department of Health".

Throughout 2010, the register will be opened to further disciplines, as they become ready and wish to register. These include: cranial sacral therapy, reiki, naturopathy, hypnotherapy and micro-system acupuncture.

For further information about registration, visit www.cnhc.org.uk



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Media contacts: Maggie Dunn, CNHC on 0203 178 2199.

For more information about CNHC: Please contact 0203 178 2199 or visit the website www.cnhc.org.uk

Notes to editor

The Complementary and Natural Healthcare Council (CNHC) was established as a voluntary register in April 2008 with the purpose of protecting the public by means of a voluntary register for complementary and natural healthcare practitioners.

The CNHC's function is:

- To establish and maintain a voluntary register of complementary healthcare practitioners in the UK who meet its standards of competence and practice
- To make the Register of practitioners available to the general public and to educate them about the CNHC quality mark as a quality standard
- To operate a robust process for handling complaints about registered practitioners
- To work with professional bodies in the complementary healthcare field to further develop and improve standards of professional practice

The Register has been launched with government backing through the Department of Health.